

First Name	Last Name	Club
Julia	Abab	Romsey road runners
James	Abel	
Mel	Abel	
Jon	Adams	Littledown Harriers
Steve	Adams	
Mike	Adkins	
Selin	Ahipasaoglu	
Chris	Alderton	
Matthew	Almond	
Matthew	Ames	Egdon Heath Harriers
Charlie	Anderson	
Frances	Anderson	Egdon Heath Harriers
Helen	Antram	Reading AC
Julia	Armstrong	
Nathan	Aspin	
Leon	Atkins	Bournemouth AC
Sharon	Avery	Hardley runners
Kate	Bailey	
Carol	Baker	
Graham	Baker	Purbeck Runners
Tim	Balding	
Charlotte	Ball	
Michael	Ball	
Michelle	Ball	
Abbie	Banfield	
Daniel	Banfield	NA
Sharon	Barlow	Poole runners
Ian	Barnes	Dorset Doddlers
Serena	Barnes	Dorset Doddlers
Mark	Barnett	Chippenham Harriers
Robert	Barnett	Hamworthy Harriers
Anna	Bartlett	Purbeck Runners
Miranda	Bates	Chandlers Ford Swifts
Glenn	Batt	Littledown Harriers
Emily	Beaves	Vegan Running Club
Debbie	Beckerley	
Graeme	Beckett	Poole Runners

Teresa	Belgrove	
Greg	Bemment	Purbeck Runners
Elizabeth	Benger	
Phil	Benham	Egdon Heath Harriers
Charlie	Berry	Corsham Running Club
Dawn	Beuscher	
Dominic	Bevan	Poole Runners
Rachel	Bevan	Poole Runners
Emily	Bhattacharjee	
Howard	Bidmead	Honiton Running Club
Matty	Bishop	Westbourne RC
Vicky	Bishop	Littledown Harriers
Dawn	Blaber	Dorset Doddlers
Gary	Blaber	Dorset Doddlers
Kate	Blakemore	
Andrew	Bland	
Paul	Blundell	Hardley Runners
Belinda	Bolar	Purbeck Runners
Chantelle	Bonnor-Moris	
Mark	Bonnor-Moris	
Tony	Bourne	Bridport Runners
Lucy	Bowden	
Steven	Bowles	Purbeck Runners
Becky	Box	Honiton Running Club
Graham	Boyce	Westbourne Running Club
Kim	Brackley	
Lee	Bradstock	
Matt	Bricknell	
Jo	Bridle	
Stephen	Broad	Dorchester RIOT
Tim	Brodie-James	Ridge Runners
Matt	Brooker	Lytchett Manor Striders
Neil	Brooks	
Nicky	Brooks	Midhurst milers
Tracy	Brooks	Purbeck Runners
Amanda	Broom	
Gareth	Broom	
Bonnie	Brown	Purbeck Runners

Liz	Brown	
Mark	Brown	Dorchester RIOT
Phil	Budden	
Sally	Bugler	Bridport runners
Guy	Burdett	Littledown Harriers
Anton	Burns	Square & Compass Trail Runners
Ryan	Burrell	
Paul	Burrows	Dorchester RIOT
Tracy	Byrom	Purbeck Runners
Robert	Campbell-Smith	Poole Runners
David	Carden	
Jennifer	Carr	
Shelley	Carter	
Claire	Carty	N/A
Martin	Cassidy	
Victoria	Casson	
Lorraine	Cerquella	Poole AC
Jane	Chandler	Poole Runners
Daniel	Chant	
Kerri	Chant	
Sandra	Charles	
Andy	Chase	
David	Child	Westbourne Running Club
Graham	Chumley	
Andy	Clark	Poole Runners
James	Clark	
Liz	Clark	RIOT
Rose	Clarke	Purbeck Runners
Jon	Clemas	Twemlow Track Club
Melanie	Coles	Poole AC
Sonja	Collins	Littledown Harriers
Sarah	Colquhoun	Purbeck Runners
Tracey	Colquhoun	Purbeck Runners
Simon	Comerford	
Daisy	Comfort-Angell	
Janice	Cook	
Jess	Cooke	
Richard	Cookson	

Darryl	Corbin Jones	Westbourne Running Club
Ben	Cordon	
Emma	Cornish	
Alan	Cosh	Square and Compass Trail Runners
Dawn	Cosh	Square and Compass Trail Runners
Madeline	Costello	
Peter	Covington Jones	Forest of Dean AC
John	Cowley	Dorset Doddlers
Helen	Cox	Romsey Road Runners
Henry	Cox	Lonely Goat RC
Robert	Crabtree	
Doug	Cramond	Poole AC
Kim	Crane	
Neil	Cranidge	Dorset Doddlers
Rebecca	Creasey	
Eddie	Crosby	N/A
David	Crossman	
Sam	Crowe	
Tim	Cruse-Drew	
Amy	Cull	Poole Runners
Bonny	Dales	
Ben	Davidson	
Allen	Davis	
Gina	Davis	
Paul	Davis	
Richard	Davis	
Bronwen	Davison	Dorchester RIOT
Bradley	Dawson	Littledown Harriers
Mark	Dawson	Poole runners
Clare	Dear	
Kerry	Denton	
Julie	Derbyshire	
Ian	Diffey	Lytchett Manor Striders
Dani	Dixon	Littledown Harriers
Teresa	Dodkin	Totton
Mike	Donovan	Running Late Southsea
Yvette	Donovan	
Robert	Doubleday	Poole AC

Linda	Dowell	Christchurch Runners
Jenny Elaine	Dowling	Redway Runners
Phil	Dowling	Redway Runners
Matthew	Downer	Poole AC
Esther	Downes	Poole Runners
Matt	Downes	
Debbie	Dowsett	Bournemouth Joggers
Kirsty	Drewett	Bournemouth AC
Tracey	Drozdowski	Poole Runners
John	Dryden	
Kris	Duffy	
Louise	Dutch	Lonely Goat RC
Simon	Eggington	
Lucas	Eisinger	
Rachel	Elford	Lytchett Manor Striders
Alan	Elliott	
James	Elliott	
Steve	Elson	
Ellie	Evans	G and Ells
Mark	Everett	Littledown Harriers
Alexandra	Eversden	
Colin	Eversden	
Simon	Fairweather	Poole AC
Lynda	Faulkner	Dorset Doddlers
Anita	Fawcett	
Cedrick	Fawcett	
Jane	Feather	Dorset Doddlers
Debby	Ferre	Romsey Road Runners
Daniel	Fielding	
Allan	Fisher	
Sarah	Fitton	Hardley runners
James	Flintham	
Matt	Folds	Littledown harriers
Claire	Ford	
Scott	Ford	
Jane	Fowles	Dorset doddlers
Steve	Fowles	Dorset doddlers
Angela	Fox	

Steve	Fox	Poole Runners
Adam	Frampton	Dorset Doodlers
Marion	Frampton	Poole runners
Robert	Frampton	Poole runners
Drew	Freeman	Poole Runners
Adam	French	
Clive	French	
Tammy	Frias-Robles	Poole AC
Rebecca	Froggatt	
Georgie	Fry	
Samantha	Fry	Purbeck Runners
Annmarie	Galanti	Lytchett Manor striders
Carys	Gallagher	Westbourne RC
Bam	Gamble	
Deborah	Garrett	Totton RC
Andrew	Gates	Totton Running Club
Steph	Germon	
Khalil	Ghabaee	Poole Runners
Hayley	Goddard	
Lee	Goddard	Littledown Harriers
Mary	Godding	
Harriet	Goodhead	
Steve	Goodman	Littledown Harriers
Christine	Goodworth	
David	Goodworth	
Ray	Graham	Run Happy Dorset
Richard	Grassly	Dorking & Mole Valley AC
Amanda	Gratwick	
Alan	Gray	Datchet Dashers
Michelle	Gray	
Jelena	Grbic	Romsey Road Runners
Danielle	Greene	
Carl	Grice	
Jonathan	Griffin	
Anthony	Groves	Bourne Valley Runners
Zoe	Groves	
Helen	Guerrier	Poole Runners
John	Haines	Littledown Harriers

Andy	Hale	Yeovil Town RRC
Dominic	Hales	
Garry	Hall	
John	Hall	Poole AC
Nicola	Hall	Poole AC
Julia	Hallam	
Lucy	Hallas	
Zoe	Hannant	
Steve	Harlowe	Reading Joggers
Robin	Harrington	
Josie	Harris	Bournemouth Joggers
Christine	Hart-Burke	Purbeck Runners
Becky	Hawkins	
Jason	Hawkins	
Gary	Haylock	Royal Manor of Portland AC
Dale	Haynes	Egdon Heath harriers
Richard	Hazelgrove	Royal manor of portland ac
Megan	Heafield	
Rhys	Henderson	-
Jason	Hepple	Poole runners
Debbie	Hewitt	Egdon Heath
Simon	Hibble	
Lee	Higgins	
Steve	Hill	
Uta	Hill	
Stephen	Hiorns	
Ian	Hitching	Poole AC
Adam	Hodge	
Jen	Hodge	Vegan Running Club
Vanessa	Hodgetts	Bridport Runners
Rebekah	Holbrook	Zoom Tri
Taylor	Holding	Purbeck Runners
Janet	Hooper	LITTLEDOWN HARRIERS
Katherine	Houlston	
Carly	House	
Helen	Howe	
Claudia	Howse	Poole runners
Martin	Hudson	Littledown Harriers

Andrew	Isaac	Littledown Harriers
Jacqui	Ives	Run Happy Dorset
David	Jackman	
Eugenia	Jackman	Elmbridge Road Runners
Adele	Jackson	
Patrick	Jackson	Poole AC
Adrian	Jacob	
Richard	James	
Angela	Jamieson	Dorset Doddlers
Mel	Jankes Golden	Dorset Sole Sisters
Daniel	Jelley	
Laura	Jempson	Lonely Goat Running Club
Barry	Jenkins	Dorset doddlers
Claire	John	
Alexander	Johnson	
David	Johnson	
Frances	Johnson	Egdon Heath Harriers
Michael	Johnston	Zoom
Wendy	Johnston	Team Caterpillar
Edward	Jones	
Teri	Joynt	
Derek	Kelly	Romsey Road Runners
Gerald	Kelly	
James	Kelly	
Lydia	Kelly	
Mike	Kelly	
Thomas	Kelly	
James	Kershaw	
Adam	Kingdon	Purbeck runners
Patrick	Kingston	Bournemouth AC
Isabella	Kwiatkowska	Midhurst Milers
Jane	Landymore	
Alice	Lane	Romsey Road Runners
Benjamin	Lane	
Corin	Lane	Gravel Guerilla
Georgia	Lang	New Forest Runners
Dan	Latham	Dan Latham
Bethany	Law	

Jo	Lawes	RIOT
Kelly	Lawson	Poole runners
Andrew	Leach	Poole Runners
Mark	Lee	Hardley Runners
Yuen Wing	Lee	Poole Runners
Tim	Lees	Zoom Triathlon
Fiona	Leigh	
Robert	Leigh	
Debbie	Lennon	Littledown Harriers
Sylvia	Leonard	Purbeck Runners
Ian	Leslie	Ealing Southall & Middx AC
Michelle	Linz	MRP
Richard	Livermore	
Aimee	Looker	
Sandra	Looker	Lonely Goat
Martin	Loveless	Hardley Runners
Ian	Lowe	
Kelly	Lucas	
Neil	Luckett	Westbourne RC
David	Lugsden	Poole AC
David	Lugsden	Poole AC
Steve	Luke	Egdon Heath Harriers
Tacky	MacGregor	Dorchester RIOT
Charley	Mack	Dorset Doddlers
Allan	Maidment	
Petronella	Makepeace	
Dom	Malsom	
David	Mann	
Garry	Mann	
Steve	March	Dorchester Riot
Jenny	Marshall	Purbeck Runners
Jenna	Martin	N/a
Sarah	Martin	Poole Runners
Bradley	Masters	Westbourne RC
Jack	Matthews	Purbeck Runners
Kelly	Matthews	Egdon Heath Harriers
Lisa	Matthews	Purbeck Runners
Simon	Matthews	Purbeck Runners

Rich	Mayes	Lonely Goat
Suzanne	Maynard	
Michael	McCabe	New Forest Runners
Carol	McCloskey	Bournemouth Joggers
Suzanne	McGann	
Holly	McGrath	
Stew	McMillan	Chippenham Harriers
Mat	Meech	Littledown harriers
Trevor	Mehrer	Trevor Mehrer
Daniel	Meineck	Lytchett Manor Striders
Olivia	Mellowes	
Rebecca	Mellowes	
Belinda	Merritt	
Jon	Merritt	
Alex	Merry	Purbeck Runners
Olivia	Merry	Purbeck Runners
Catherine	Midgley	
Christopher	Miller	Christopher Miller
Colin	Miller	
Stacey	Miller	
Mike	Mills	Totton RC
Rob	Mills	Poole Runners
Robert	Mills	Stubbington Green RC
Thew	Mills	
Tina	Mills	Totton RC
Daniel	Moors	Lytchett Manor Striders
Caroline	Morgan	Littledown Harriers
Carolynn	Morris	
Virginie	Morris	Dorchester RIOT
Elizabeth	Mulliner	Purbeck Runners
Philip	Murphy	
Hamish	Murray	Purbeck Runners
Simon	Mussell	Littledown Harriers
Hazel	Naughton	
Gus	Neesom	Westbourne RC
Ollie	Newman	
Janice	Newson	Honiton Running Club
Mark	Newson	Honiton Running Club

Stuart	Nicholas	Bournemouth AC
Tom	Nixon	Dorchester RIOT
Annette	Noman	
Joy	Norman	Purbeck Runners
Brita	Nucinkis	
Julie	Orton	Royal manor Portland athletic club
Rosemarie	Osborn	New Forest Runners
Mark	Packer	Littledown Harriers
Tim	Page	Square and Compass Trail Runners
Virginia	Palmeiro	Westbourne running Club
Olivia	Palmer-Smyth	
Richard	Palmer-Smyth	Dorset Doddlers RC
Jean-Pierre	Panchaud	Poole AC
Celia	Parkyn	
Geoff	Parrott	Westbourne RC
Debbie	Pavey	
Christopher	Peck	Egdon Heath Harriers
Katherine	Penny	
Tim	Pepper	Honiton Running Club
Vesna	Perisic	
Jamie	Perry	
Anna	Philps	Purbeck Runners
Emma	Pilbeam	Totton Running Club
Rene	Pilbeam	Totton Running Club
James	Pond	Purbeck Runners
Greg	Ponting	
Katrin	Pritchard	New Forest Runners
Sharon	Pugh	Dorset Sole Sisters
Geoffrey	Pugsley	OWLS AC
Lee	Pullen	Poole Runners
Scott	Quayle	Wessex Wizards
Felicity	Quick	Maiden Newton Runners
Lucy	Raeburn	
Keiron	Ranking	
Claire	Rawles	N/a
Emma	Rawson	Littledown Harriers
Sarah	Rayment	
Louisa	Rayner	Hardley Runners

Nicki	Ream	Poole Runners
Jimmy	Redford	Poole Runners
Ann	Reed	Purbeck Runners
Zoe	Reeves	New Forest Runners
Kate	Richards	
Lisa	Richards	The Purbeck Runners
Matthew	Richards	
Matthew	Richardson	
Maz	Richardson	Littledown Harriers
David	Ritchie	Poole AC
Vanya	Ritchie	Poole AC
Matt	Robbins	Poole Runners
Kev	Roberts	Poole AC
Jo	Robinson	New Forest Runners
Andy	Robson	
Elizabeth	Robson	
Kathryn	Robson	POOLE AC
Christian	Rodiger	Littledown Harriers
Alfred	Rodway	Itchen Spitfires
Dawn	Rogers	New Forest Runners
Caroline	Rowley	Bournemouth Athletic Club
Lynne	Ruddick	Ripple Rebels
Dily	Ruffer	Littledown Harriers
Simon	Rule	Egdon Heath Harriers
Mark	Sanderson	
Kabir	Sangha	
Anne	Saunders	Dorchester RIOT
Claire	Scammell	Wimborne AC
Dougie	Scarfe	Littledown Harriers
Judith	Scarfe	Littledown Harriers
John	Scheepers	
Steve	Scott	Poole AC
Paul	Sedwell	Team Faff
Martin	Sell	Poole AC
Julie	Shanker	Romsey Road Runners
Shanti Patel	Shanti Patel	
Zoe	Shepherd	
Charles	Shute	

Katherine	Sibthorp	
Chris	Simmonds	Purbeck Runners
Matthew	Skan	
Sue	Sleath	Romsey Road Runners
Andy	Smith	
Andy	Smith	
Gareth	Smith	St Neots Riverside Runners
Gary	Smith	
George	Smith	G and Ells
Graham	Smith	Dorchester RIOT
Harry	Smith	
Laura	Smith	
Lisa	Smith	Datchett Dashers
Matt	Smith	Fareham Running Club
Philip	Snarey	
Gosia	Sobczak	
Amy	Spencer	
Beccy	Spicer	Purbeck Runners
Sophie	Spoors	
Natalie	Stacey	Romsey Road Runners
Alexandra	Stevens	Littledown Harriers
Rebecca	Stevens	Honiton Running Club
Paul	Stockley	Dorset Doddlers
Maggie	Stokes	Westbourne Running Club
Emma	Storey	runblandford
Mark	Storey	runblandford
Julie	Swainston	Hardley runners
Sarah	Swift	Poole Runners
Jonathon	Switzer	Hardley Runners
James	Taylor	Lytchett Manor Striders
Jane	Taylor	Egdon Heath Harriers
Thomas	Tedds	
Barry	Telling	Littledown Harriers
Mike	Terry	Littledown Harriers
Graham	Tharp	n/a
Ian	Tharp	
Daniel	Thomas	Bridport Runners
Kirsty	Thomas	Hardley Runners

Tara	Thomas	
Wendy	Thomas	Bridport Runners
Alex	Thompson	Lytchett Manor Striders
Sam	Thomson-Doe	
Joanne	Thwaite	Warminster Running Club
Brian	Tingay	Littledown Harriers
Jackie	Tomlin	Dorset Sole Sisters
Dan	Tong	
Brad	Toogood	
Anna	Trehane	
Steve	Trend	Purbeck Runners
Paul	Turle	Littledown Harriers
Marc	Ujvari	Poole AC
Katharine	Van Someren	New Forest Runners
Nichola	Walker	
Michelle	Walter	New Forest Runners
Richard	Walter	New Forest Runners
Jane	Ward	Dorset Doddlers
Kelvyn	Ward	poole runners
Tracey	Waters	
Jill	Watson	Dorset Doddlers RC
Mark	Watson	Purbeck Runners
Vicky	Weal	2353 Trail Runners
Fran	Weeks	
Victoria	West	Dorset Doddlers
Mel	Western	Egdon Heath Harriers
Clive	Whaley	Bridport Runners
John	Wheatley	Romsey Road runners
Sarah	Wheeler	
Jenny	White	Purbeck Runners
Emily	Widdowson	
James	Widdowson	Poole Runners
Paul	Wilding	Lytchett Manor Striders
Alison	Wilkinson	
Darren	Williams	Darren Williams
Debbie	Williams	
Neil	Williams	Poole AC
Roy	Williams	Poole runners

Christine	Willis	Dorset Doddlers
David	Wilson	Littledown Harriers
Nichola	Winterman	
Jason	Wood	Egdon heath harriers
Sarah	Wood	Dorset Sole Sisters
Jayne	Woodhouse	Reading Joggers
Richard	Woodling	New FOREST
Paul	Woods	Christchurch Runners
Pauline	Worral	Bournemouth Joggers
Safia	Wortelboer	Littledown Harriers
Rachel	Worters	
Emma	Wright	Purbeck Runners
Heidi	Wright	Poole runners
Adrian	Wyatt	
Ben	Wyatt	
Simon	Wyatt	
Tim	Yeandle	Tim Yeandle
Gary	Young	Egdon Heath Harriers
Ali	Zanconato	Purbeck Runners
Zoe	Zimmerman	