

First Name	Last Name	Category	Club
Julia	Abab	F65	Romsey road runners
James	Abel	M55	
Mel	Abel	F55	
Jon	Adams	M40	Littledown Harriers
Steve	Adams	M50	
Mike	Adkins	M35	
Selin	Ahipasaoglu	F45	
Chris	Alderton	M50	
Matthew	Almond	M65	
Matthew	Ames	M45	Egdon Heath Harriers
Charlie	Anderson	F45	
Frances	Anderson	F65	Egdon Heath Harriers
Julia	Armstrong	F40	
Nathan	Aspin	M50	
Leon	Atkins	M45	Bournemouth AC
Sharon	Avery	F45	Hardley runners
Kate	Bailey	F40	
Carol	Baker	F65	
Graham	Baker	M40	Purbeck Runners
Ollie	Baker	M35	Dorchester RIOT
Tim	Balding	M45	
Charlotte	Ball	F60	
Michael	Ball	M55	
Michelle	Ball	F50	
Abbie	Banfield	F35	
Daniel	Banfield	M40	NA
Sharon	Barlow	F55	Poole runners
Ian	Barnes	M60	Dorset Doodlers
Serena	Barnes	F55	Dorset Doodlers
Mark	Barnett	M50	Chippenham Harriers
Robert	Barnett	M75	Hamworthy Harriers
Anna	Bartlett	FO	Purbeck Runners
Ben	Bartlett	MO	Cardiff University Triathlon
Glenn	Batt	M60	Littledown Harriers
Aaron	Beaton	M45	Westbourne RC
Emily	Beaves	F40	Vegan Running Club
Debbie	Beckerley	F45	
Graeme	Beckett	M45	Poole Runners
Teresa	Belgrove	F65	
Greg	Bemment	M65	Purbeck Runners
Elizabeth	Benger	F40	
Phil	Benham	M60	Egdon Heath Harriers
Maxine	Bennett	F60	Littledown Harriers
Charlie	Berry	M50	Corsham Running Club
Dawn	Beuscher	F55	
Dominic	Bevan	MO	Poole Runners
Rachel	Bevan	FO	Poole Runners
Emily	Bhattacharjee	F35	

Howard	Bidmead	M65	Honiton Running Club
Matty	Bishop	M45	Westbourne RC
Vicky	Bishop	F60	Littledown Harriers
Dawn	Blaber	F50	Dorset Doodlers
Gary	Blaber	M50	Dorset Doodlers
Kate	Blakemore	F40	
Andrew	Bland	M55	
Paul	Blundell	M60	Hardley Runners
Belinda	Bolar	F50	Purbeck Runners
Chantelle	Bonnor-Moris	F45	
Mark	Bonnor-Moris	M50	
Tony	Bourne	M40	Bridport Runners
Lucy	Bowden	F50	
Steven	Bowles	M65	Purbeck Runners
Becky	Box	F45	Honiton Running Club
Graham	Boyce	M50	Westbourne Running Club
Kim	Brackley	F60	
Lee	Bradstock	M50	
Matt	Bricknell	M50	
Jo	Bridle	F50	Dorset Sole Sisters
Stephen	Broad	M55	Dorchester RIOT
Tim	Brodie-James	M60	Ridge Runners
Matt	Brooker	M50	Lytchett Manor Striders
Nicky	Brooks	F60	Midhurst milers
Toby	Brooks	MO	
Tracy	Brooks	F55	Purbeck Runners
Amanda	Broom	F45	
Gareth	Broom	M45	
Bonnie	Brown	F70	Purbeck Runners
Liz	Brown	F60	
Mark	Brown	M55	Dorchester RIOT
Phil	Budden	M45	
Sally	Bugler	F60	Bridport runners
Guy	Burdett	M45	Littledown Harriers
Anton	Burns	M55	Square & Compass Trail Runners
Ryan	Burrell	M35	
Paul	Burrows	M50	Dorchester RIOT
Tracy	Byrom	F40	Purbeck Runners
Louise	Campbell	F40	
Robert	Campbell-Smith	M55	Poole Runners
David	Carden	M45	
Jennifer	Carr	F50	
Angus	Carter	MO	
Claire	Carty	F45	N/A
Martin	Cassidy	M45	
Victoria	Casson	F45	
Lorraine	Cerquella	F45	Poole AC
Jane	Chandler	F65	Poole Runners
Daniel	Chant	M35	

Kerri	Chant	F35	
Sandra	Charles	F55	
Andy	Chase	M55	
David	Child	M65	Westbourne Running Club
Graham	Chumley	M45	
Meghan	Claridge	FO	Hedge End Runners
Andy	Clark	M35	Poole Runners
James	Clark	M50	
Liz	Clark	F45	RIOT
Rose	Clarke	F50	Purbeck Runners
Jon	Clemas	M35	Twemlow Track Club
Melanie	Coles	F60	Poole AC
Sonja	Collins	F50	Littledown Harriers
Sarah	Colquhoun	F55	Purbeck Runners
Tracey	Colquhoun	F60	Purbeck Runners
Simon	Comerford	M65	
Daisy	Comfort-Angell	FO	
Lorraine	Connor	F55	Romsey Road Runners
Janice	Cook	F50	
Jess	Cooke	FO	
Richard	Cookson	M60	
Darryl	Corbin Jones	M40	Westbourne Running Club
Ben	Cordon	MO	
Emma	Cornish	FO	
Alan	Cosh	M55	Square and Compass Trail Runners
Dawn	Cosh	F55	Square and Compass Trail Runners
Madeline	Costello	FO	
Peter	Covington Jones	M65	Forest of Dean AC
John	Cowley	M65	Dorset Doodlers
Helen	Cox	FO	Romsey Road Runners
Henry	Cox	M70	Lonely Goat RC
Robert	Crabtree	M40	
Kim	Crane	F45	
Carl	Creasey	M40	
Eddie	Crosby	M45	N/A
David	Crossman	M45	
Sam	Crowe	M55	
Amy	Cull	F45	Poole Runners
Bonny	Dales	F45	
Ben	Davidson	M40	
Allen	Davis	M55	
Gina	Davis	FO	
Paul	Davis	M50	
Richard	Davis	M60	
Bradley	Dawson	M35	Littledown Harriers
Mark	Dawson	M55	Poole runners
Clare	Dear	F50	
Kerry	Denton	F50	
Julie	Derbyshire	F55	

Ian	Diffey	M40	Lytchett Manor Striders
Dani	Dixon	F40	Littledown Harriers
Teresa	Dodkin	F50	Totton
Mike	Donovan	M45	Running Late Southsea
Yvette	Donovan	F40	
Robert	Doubleday	M40	Poole AC
Linda	Dowell	F70	Christchurch Runners
Jenny Elaine	Dowling	F45	Redway Runners
Phil	Dowling	M55	Redway Runners
Laurence	Down	M50	
Rochelle	Down	F45	
Esther	Downes	F40	Poole Runners
Matt	Downes	M40	
Debbie	Dowsett	F60	Bournemouth Joggers
Kirsty	Drewett	F45	Bournemouth AC
Tracey	Drozdowski	F45	Poole Runners
John	Dryden	M60	
Kris	Duffy	M45	
Andrew	Dunning	M55	
Louise	Dutch	F45	Lonely Goat RC
Simon	Eggington	M50	
Lucas	Eisinger	MO	
Rachel	Elford	F45	Lytchett Manor Striders
Alan	Elliott	M35	
James	Elliott	M50	
Steve	Elson	M60	
Claire	Emery	F45	
Ellie	Evans	FO	G and Ells
Mark	Everett	M40	Littledown Harriers
Alexandra	Eversden	F65	
Colin	Eversden	M65	
Lynda	Faulkner	F55	Dorset Doodlers
Anita	Fawcett	F65	
Cedrick	Fawcett	M75	
Jane	Feather	F65	Dorset Doodlers
Debby	Ferre	F55	Romsey Road Runners
Daniel	Fielding	M45	
Allan	Fisher	M50	
Sarah	Fitton	F55	Hardley runners
James	Flintham	M35	
Matt	Folds	M45	Littledown harriers
Claire	Ford	F45	
Scott	Ford	M55	
Jane	Fowles	F50	Dorset doodlers
Steve	Fowles	M50	Dorset doodlers
Angela	Fox	F55	
Steve	Fox	M55	Poole Runners
Adam	Frampton	M50	Dorset Doodlers
Marion	Frampton	F65	Poole runners

Robert	Frampton	M60	Poole runners
Drew	Freeman	M40	Poole Runners
Joe	Freeman	MO	
Adam	French	M40	Purbeck Runners
Clive	French	M55	
Tammy	Frias-Robles	F45	Poole AC
Rebecca	Froggatt	F50	
Georgie	Fry	F40	
Samantha	Fry	F40	Purbeck Runners
Annmarie	Galanti	F40	Lytchett Manor striders
Carys	Gallagher	FO	Westbourne RC
Bam	Gamble	M55	
Deborah	Garrett	F60	Totton RC
Andrew	Gates	M65	Totton Running Club
Sara	Genco	F40	Littledown Harriers
Steph	Germon	F40	
Khalil	Ghabaee	M60	Poole Runners
Hayley	Goddard	F45	
Lee	Goddard	M65	Littledown Harriers
Harriet	Goodhead	FO	
Steve	Goodman	M40	Littledown Harriers
Christine	Goodworth	F55	
David	Goodworth	M60	
Ray	Graham	M60	Run Happy Dorset
Richard	Grassly	M60	Dorking & Mole Valley AC
Alan	Gray	M45	Datchet Dashers
Michelle	Gray	F40	
Danielle	Greene	F40	
Carl	Grice	M50	
Jonathan	Griffin	M60	
Zoe	Groves	FJ	
Helen	Guerrier	F40	Poole Runners
John	Haines	M50	Littledown Harriers
Andy	Hale	M45	Yeovil Town RRC
Dominic	Hales	MO	
Garry	Hall	M45	
John	Hall	M55	Poole AC
Nicola	Hall	F50	Poole AC
Lucy	Hallas	F40	
Joe	Hamblion	MO	Littledown Harriers
Steve	Harlowe	M60	Reading Joggers
Robin	Harrington	M55	Purbeck Runners
Josie	Harris	F45	Bournemouth Joggers
Christine	Hart-Burke	F65	Purbeck Runners
Becky	Hawkins	F45	
Jason	Hawkins	M50	
Gary	Haylock	M55	Royal Manor of Portland AC
Dale	Haynes	M35	Egdon Heath harriers
Richard	Hazelgrove	M45	Royal manor of portland ac

Megan	Heafield	F35	
Rhys	Henderson	M65	-
Jason	Hepple	M60	Poole runners
Debbie	Hewitt	F60	Weymouth St Paul's Harriers
Simon	Hibble	M65	
Lee	Higgins	M50	
Steve	Hill	M50	
Uta	Hill	F50	
Stephen	Hioms	M60	
Ian	Hitching	M60	Poole AC
Adam	Hodge	M35	
Jen	Hodge	FO	Vegan Running Club
Vanessa	Hodgetts	F35	Bridport Runners
Rebekah	Holbrook	F45	Zoom Tri
Taylor	Holding	MO	Purbeck Runners
Janet	Hooper	F70	LITTLEDOWN HARRIERS
Katherine	Houlston	F50	
Helen	Howe	F45	
Claudia	Howse	F55	Poole runners
Martin	Hudson	M70	Littledown Harriers
Andrew	Isaac	M40	Littledown Harriers
Jacqui	Ives	F50	Run Happy Dorset
David	Jackman	M60	
Eugenia	Jackman	F60	Elmbridge Road Runners
Adele	Jackson	FO	
Patrick	Jackson	M55	Poole AC
Adrian	Jacob	M50	
Richard	James	M55	
Angela	Jamieson	F50	Dorset Doddlers
Mel	Jankes Golden	F45	Dorset Sole Sisters
Holly	Jeans	FO	Poole Runners
Daniel	Jelley	M40	
Laura	Jempson	F35	Lonely Goat Running Club
Barry	Jenkins	M60	Dorset doddlers
Alexander	Johnson	MO	
David	Johnson	M65	
Frances	Johnson	F55	Egdon Heath Harriers
Michael	Johnston	M40	Zoom
Wendy	Johnston	F55	Team Caterpillar
Edward	Jones	MO	
Teri	Joynt	F45	
Derek	Kelly	M80	Romsey Road Runners
Gerald	Kelly	M55	
James	Kelly	MO	
Lydia	Kelly	FO	
Mike	Kelly	M60	
Thomas	Kelly	MO	
James	Kershaw	M50	
Adam	Kingdon	M65	Purbeck runners

Patrick	Kingston	M45	Bournemouth AC
Rob	Koppenhol	M55	
Isabella	Kwiatkowska	F50	Midhurst Milers
Jane	Landymore	F65	
Benjamin	Lane	MO	
Corin	Lane	M50	Gravel Guerilla
Georgia	Lang	FO	New Forest Runners
Dan	Latham	M40	Dan Latham
Bethany	Law	F35	
Kelly	Lawson	F40	Poole runners
Andrew	Leach	M50	Poole Runners
Mark	Lee	M60	Hardley Runners
Yuen Wing	Lee	F35	Poole Runners
Tim	Lees	M45	Zoom Triathlon
Fiona	Leigh	F40	
Robert	Leigh	M45	
Debbie	Lennon	F60	Littledown Harriers
Sylvia	Leonard	F60	Purbeck Runners
Ian	Leslie	M65	Ealing Southall & Middx AC
Michelle	Linz	F45	MRP
Richard	Livermore	M45	
Aimee	Looker	FO	
Sandra	Looker	F60	Lonely Goat
Martin	Loveless	M65	Hardley Runners
Kelly	Lucas	F40	
Neil	Luckett	M70	Westbourne RC
David	Lugsden	M55	Poole AC
David	Lugsden	F55	Poole AC
Steve	Luke	M50	Egdon Heath Harriers
Tacky	MacGregor	F40	Dorchester RIOT
Charley	Mack	FO	Dorset Doodlers
Artur	Majewski	M40	
Petronella	Makepeace	F60	
Dom	Malsom	M55	
David	Mann	M50	
Garry	Mann	M40	
Steve	March	M50	Dorchester Riot
Jenny	Marshall	F40	Purbeck Runners
Jenna	Martin	F40	N/a
Sarah	Martin	F40	Poole Runners
Kelly	Matthews	F40	Egdon Heath Harriers
Lisa	Matthews	F55	Poole Runners
Simon	Matthews	M55	Poole Runners
Rich	Mayes	M50	Lonely Goat
Suzanne	Maynard	F35	
Michael	McCabe	M70	New Forest Runners
Carol	McCloskey	F60	Bournemouth Joggers
Adam	McCrea	MO	Poole AC
Suzanne	McGann	F50	

Holly	McGrath	F35	
Stew	McMillan	M60	Chippenham Harriers
Mat	Meech	M50	Littledown harriers
Trevor	Mehrer	M55	Trevor Mehrer
Daniel	Meineck	M40	Lytchett Manor Striders
Olivia	Mellowes	FO	
Rebecca	Mellowes	F35	
Belinda	Merritt	F50	
Jon	Merritt	M45	
Alex	Merry	M35	Purbeck Runners
Olivia	Merry	F35	Purbeck Runners
Catherine	Midgley	F55	
Christopher	Miller	M70	Christopher Miller
Colin	Miller	M40	
Stacey	Miller	F40	
Mike	Mills	M75	Totton RC
Rob	Mills	M60	Poole Runners
Robert	Mills	M65	Stubbington Green RC
Thew	Mills	M50	
Tina	Mills	F65	Totton RC
Ed	Mitton	M45	Poole runners
Daniel	Moors	M45	Lytchett Manor Striders
Caroline	Morgan	F40	Littledown Harriers
Carolynn	Morris	F55	
Virginie	Morris	F40	Dorchester RIOT
Elizabeth	Mulliner	F35	Purbeck Runners
Philip	Murphy	M50	
Hamish	Murray	M70	Purbeck Runners
Simon	Mussell	M40	Littledown Harriers
Hazel	Naughton	F45	
Gus	Neesom	M60	Westbourne RC
Ollie	Newman	M50	
Peter	Newman	M45	
Janice	Newson	F55	Honiton Running Club
Mark	Newson	M55	Honiton Running Club
Stuart	Nicholas	M35	Bournemouth AC
Tom	Nixon	M35	Dorchester RIOT
Annette	Noman	F65	
Joy	Norman	F65	Purbeck Runners
Brita	Nucinkis	F55	
Julie	Orton	F55	Royal manor Portland athletic club
Rosemarie	Osborn	F75	New Forest Runners
Mark	Packer	M55	Littledown Harriers
Tim	Page	M65	Square and Compass Trail Runners
Virginia	Palmeiro	F40	Westbourne running Club
Olivia	Palmer-Smyth	F45	
Richard	Palmer-Smyth	M50	Dorset Doddlers RC
Jean-Pierre	Panchaud	M50	Poole AC
Mark	Parker	M50	Dorchester Riot

Celia	Parkyn	F45	
Geoff	Parrott	M75	Westbourne RC
Debbie	Pavey	F60	
Christopher	Peck	M40	Egdon Heath Harriers
Phil	Pelosi	M35	
Tim	Pepper	M50	Honiton Running Club
Vesna	Perisic	F65	
Jamie	Perry	MO	
Emma	Pilbeam	F50	Totton Running Club
Rene	Pilbeam	F70	Totton Running Club
James	Pond	M35	Purbeck Runners
Katrin	Pritchard	F60	New Forest Runners
Sharon	Pugh	F60	Dorset Sole Sisters
Geoffrey	Pugsley	MO	OWLS AC
Lee	Pullen	M40	Poole Runners
Scott	Quayle	M40	Wessex Wizards
Felicity	Quick	F50	Maiden Newton Runners
Lucy	Raeburn	FO	
Keiron	Ranking	M50	
Claire	Rawles	F40	N/a
Michael	Rawlings	M35	
Emma	Rawson	F60	Littledown Harriers
Sarah	Rayment	F40	
Andy	Raymond	M55	
Louisa	Rayner	F45	Hardley Runners
Nicki	Ream	F50	Poole Runners
Jimmy	Redford	M50	Poole Runners
Ann	Reed	F65	Purbeck Runners
Zoe	Reeves	F50	New Forest Runners
Kate	Richards	F40	
Lisa	Richards	F55	The Purbeck Runners
Matthew	Richards	M40	
Matthew	Richardson	M50	
Maz	Richardson	F55	Littledown Harriers
David	Ritchie	M60	Poole AC
Vanya	Ritchie	F60	Poole AC
Kev	Roberts	M55	Poole AC
Andy	Robson	M60	
Elizabeth	Robson	F60	
Kathryn	Robson	F60	POOLE AC
Alfred	Rodway	M45	Itchen Spitfires
Caroline	Rowley	F50	Bournemouth Athletic Club
Lynne	Ruddick	F45	Ripple Rebels
Dily	Ruffer	F70	Littledown Harriers
Mark	Sanderson	M45	
Anne	Saunders	F65	Dorchester RIOT
Claire	Scammell	F50	Wimborne AC
Dougie	Scarfe	M55	Littledown Harriers
Judith	Scarfe	F55	Littledown Harriers

John	Scheepers	M50	
Steve	Scott	M55	Poole AC
Paul	Sedwell	M45	Team Faff
Martin	Sell	M55	Poole AC
Julie	Shanker	F50	Romsey Road Runners
Shanti Patel	Shanti Patel	F45	
Zoe	Shepherd	F45	
Charles	Shute	M45	
Katherine	Sibthorp	F40	
Chris	Simmonds	M50	Purbeck Runners
Fred	Skan	MJ	
Matthew	Skan	M45	Westbourne Running Club
Sue	Sleath	F60	Romsey Road Runners
Andy	Smith	M40	
Andy	Smith	M40	
Gareth	Smith	M45	St Neots Riverside Runners
Gary	Smith	M55	
George	Smith	MO	G and Ells
Harry	Smith	M35	
Laura	Smith	FO	
Lisa	Smith	F50	Datchett Dashers
Matt	Smith	M50	Fareham Running Club
Philip	Snarey	M40	
Gosia	Sobczak	F45	
Amy	Spencer	F45	
Beccy	Spicer	F45	Purbeck Runners
Sophie	Spoors	F45	
Natalie	Stacey	F50	Romsey Road Runners
Alexandra	Stevens	F60	Littledown Harriers
Alexis	Stevens	F40	
Paul	Stockley	M55	Dorset Doodlers
Maggie	Stokes	F60	Westbourne Running Club
Emma	Storey	F50	runblandford
Mark	Storey	M55	runblandford
Julie	Swainston	F50	Hardley runners
Jonathon	Switzer	M35	Hardley Runners
James	Taylor	M45	Lytchett Manor Striders
Jane	Taylor	F55	Egdon Heath Harriers
Thomas	Tedds	M45	
Mike	Terry	M75	Littledown Harriers
Ian	Tharp	M50	
Daniel	Thomas	M35	Bridport Runners
Kirsty	Thomas	F50	Hardley Runners
Tara	Thomas	F50	
Wendy	Thomas	FO	Bridport Runners
Alex	Thompson	M50	Lytchett Manor Striders
Sam	Thomson-Doe	M35	
Joanne	Thwaite	F45	Warminster Running Club
Brian	Tingay	M55	Littledown Harriers

Dan	Tong	M40	
Brad	Toogood	MO	
Anna	Trehane	F35	
Steve	Trend	M65	Purbeck Runners
Paul	Turle	M65	Littledown Harriers
Marc	Ujvari	M40	Poole AC
Katharine	Van Someren	F40	New Forest Runners
Nichola	Walker	F35	
Michelle	Walter	F60	New Forest Runners
Richard	Walter	M60	New Forest Runners
Kelvyn	Ward	M70	poole runners
Tracey	Waters	F50	
Jill	Watson	F50	Dorset Doddlers RC
Mark	Watson	M55	Purbeck Runners
Vicky	Weal	F40	2353 Trail Runners
Fran	Weeks	F35	
Victoria	West	F50	Dorset Doddlers
Mel	Western	F35	Egdon Heath Harriers
John	Wheatley	M45	Romsey Road runners
Jenny	White	F50	Purbeck Runners
Stuart	Whitford	M55	
Emily	Widdowson	F45	
James	Widdowson	M40	Poole Runners
Paul	Wilding	M65	Lytchett Manor Striders
Alison	Wilkinson	F45	
Darren	Williams	M55	Darren Williams
Debbie	Williams	F50	
Neil	Williams	M50	Poole AC
Roy	Williams	M65	Poole runners
Christine	Willis	F65	Dorset Doddlers
David	Wilson	M60	Littledown Harriers
Nichola	Winterman	F35	
Jason	Wood	M50	Egdon heath harriers
Sarah	Wood	F45	Dorset Sole Sisters
Caroline	Woodford	F70	New Forest runners
Jayne	Woodhouse	F60	Reading Joggers
Richard	Woodling	M65	New FOREST
Paul	Woods	M75	Christchurch Runners
Adam	Woollard	MO	Dorchester RIOT
Pauline	Worral	F65	Bournemouth Joggers
Safia	Wortelboer	F35	Littledown Harriers
Rachel	Worters	F40	
Emma	Wright	F55	Purbeck Runners
Heidi	Wright	F45	Poole runners
Adrian	Wyatt	M50	
Ben	Wyatt	M45	
Simon	Wyatt	M45	
Tim	Yeandle	M70	Tim Yeandle
Gary	Young	M55	Egdon Heath Harriers

Alessandro	Zanconato	MO	Purbeck Runners
Isabel	Zanconato	FO	Purbeck Runners
Zoe	Zimmerman	FO	