

Julia	Abab	Romsey Road Runners
Emma	Abbot	
Ailsa	Abbott	
James	Abel	
Mel	Abel	
Helen	Adams	Egdon Heath Harriers
Steve	Adams	
Mike	Adkins	
Tish	Alberry	Purbeck Runners
Alexander	Alexander	Poole Runners
Matthew	Almond	
Charlie	Anderson	
Frances	Anderson	Egdon Heath Harriers
Shelley	Anderson	
Elaine	Anning	
Julia	Armstrong	
Nathan	Aspin	
Chris	Aylward	
Jenni	Ayres	
Kate	Bailey	
Jill	Bailey-Pearce	
Leigh	Bailey-Pearce	
Abigail	Baker	Purbeck Runners
Carol	Baker	
Michael	Ball	
Ian	Barnes	Dorset doddlers
Serena	Barnes	Dorset doddlers
Mark	Barnett	Chippenham Harriers
Robert	Barnett	Hamworthy Harriers
Anna	Bartlett	Purbeck Runners
Julie	Bassett	Bournemouth Joggers
Craig	Baverstock	
Emily	Beaves	Vegan Runners/Poole Runners
Teresa	Bebb	
Debbie	Beckerley	
Graeme	Beckett	Poole Runners
Teresa	Belgrove	
Elizabeth	Benger	
Phil	Benham	Egdon Heath Harriers
Martin	Bennett	
Maxine	Bennett	Littledown Harriers
Danielle	Bessant	
Dawn	Beuscher	
Howard	Bidmead	Honiton Running club
Matty	Bishop	Westbourne RC
Vicky	Bishop	Littledown Harriers
Gary	Blaber	Dorset Doddlers RC
Andrew	Bland	
Ian	Bleazard	
Paul	Blundell	hardley runners
Belinda	Bolar	Purbeck Runners
Chantelle	Bonnor-Moris	

Mark	Bonnor-Moris	
Steven	Bowles	Purbeck Runners
Rob	Bowra	Lone Wolf Running Club
Kim	Brackley	
Harriet	Bradstock	
Lee	Bradstock	
Matthew	Braithwaite	
Natasha	Breeze	
Lucy	Brewis	New Forest Runners
Stephen	Broad	Dorchester RIOT
Geraldine	Broadley	
Mike	Broadley	
Tim	Brodie James	
Flora	Brooke	Dorset doddlers
Kelly	Brooke	Totton Running Club
Nigel	Brooke	Poole AC
Matt	Brooker	Lytchett Manor Striders
Dani	Brooks	Dorchester RIOT
Neil	Brooks	
Nicky	Brooks	Midhurst Milers
Tracy	Brooks	Purbeck Runners
Bonnie	Brown	Purbeck Runners
David	Brown	Purbeck Runners
Joanna	Brown	Poole AC
Liz	Brown	
Phil	Budden	
Tracey	Burch	Purbeck Runners
Guy	Burdett	Littledown Harriers
Anton	Burns	Square & Compass Trail Runners
Ryan	Burrell	
Heather	Butcher	New Forest Runners
Alex	Cadzow	
Jenny	Campbell	Zoom Tri Club
Robert	Campbell-Smith	Poole Runners
Elena	Cantarello	Westbourne running club
Dave	Carden	
Jennifer	Carr	
Shelley	Carter	
Alison	Castle	
Lorraine	Cerquella	Poole AC
Daniel	Chant	
Sandra	Charles	
Andy	Chase	
Angie	Chick	
David	Child	Westbourne running club
Graham	Chumley	
Ella	Churchill	
Jon	Clemas	North Dorset Triathlon
Kim	Coe	Westbourne RC
Melanie	Coles	Poole AC
Katie	Collingwood	Littledown Harriers
Sonja	Collins	Littledown Harriers

Sarah	Colquhoun	Purbeck Runners
Simon	Comerford	
Richard	Cookson	
Sophie	Cookson	
Rhona	Copp	New Forest Runners
Anthony	Cornish	
John	Cornish	
Katie	Cornish	
Peter	Covington Jones	Forest of Dean AC
Helen	Cox	Romsey Road Runners
Henry	Cox	Lonely Goat RC
Robert	Crabtree	
Doug	Cramond	Poole AC
Gary	Crane	
Kim	Crane	
Neil	Cranidge	Dorset doddlers
Sophie	Crawford	Midhurst Milers
Edward	Crawley	
Gen	Crisford	
Amy	Crocker	
Sam	Crowe	
Tim	Cruse-Drew	Tim Cruse-Drew
Amy	Cull	Poole Runners
Julie	Cupit	Littledown Harriers
Joanna	Czerniecka	
Christine	Dark	
Jelena	Davey	Littledown Harriers
Judy	Davey	Honiton Running club
Steve	Davey	Honiton Running club
Ben	Davidson	
Jane	Davies	not applicable
Diana	Davis	Totton Running Club
Gina	Davis	
Isabel	Davis	Purbeck Runners
Paul	Davis	
Richard	Davis	
Bradley	Dawson	Littledown Harriers
Brian	Day	
Thays	De Freitas	Westbourne running club
Paolo	De Luca	Littledown Harriers
Clare	Dear	
Karen	Dear	
Rob	Demirtges	
Milan	Desai	Hants Pol Athletics
Anu	Dhir	
Stephen	Dicks	Olney Runners AC
Danielle	Dixon	Littledown Harriers
Ian	Dodkin	Totton
Teresa	Dodkin	Totton
Patrick	Dominey	
Sarah	Dominey	
Linda	Dowell	Christchurch Runners

Lawrence	Down	
Rochelle	Down	
Matthew	Downer	
Esther	Downes	Poole Runners
Debbie	Dowsett	Bournemouth Joggers
Luke	Dowsett	Littledown Harriers
Kirsty	Drewett	Bournemouth AC
Kathy	Dring	
Martin	Driscoll	
Sue	Driscoll	
John	Dryden	
Matt	Duffield	
Robin	Dunhill	
Jonathan	Dunk	Royal Manor Of Portland AC
James	Edgar	New Forest Runners
Rachel	Elford	Lychett Manor Striders
Mark	Elliott	
Mark	Elloway	Worthy Runners
Hannah	Elson	
Steve	Elson	
Susan	Elsworth	Bournemouth Joggers
Jasmin	Evans	Dorchester RIOT
Nicky	Evans	Poole AC
Mark	Everett	Littledown Harriers
Alexandra	Eversden	
Colin	Eversden	
Kirsten	Faggetter	New Forest Runners
Harry	Farmer	
Jane	Feather	Dorset doddlers
Iain	Ferguson	Poole Runners
Debby	Ferre	Romsey Road Runners
Graham	Filmer	Poole AC
Allan	Fisher	
Matt	Folds	Littledown Harriers
Hannah	Fooks	
Claire	Ford	
Scott	Ford	
Jane	Fowels	
Steve	Fowels	
Vince	Fowler	Littledown Harriers
Steve	Fox	Poole Runners
Adam	Frampton	Dorset doddlers
Timothy	Francis	
Adam	French	Purbeck Runners
Clive	French	
Tammy	Frias-Robles	Poole AC
Lou	Frost	New Forest Runners
Carys	Gallagher	Westbourne RC
Michelle	Gammon	Totton RC
Deborah	Garrett	Totton RC
Charlotte	Gibson	
Mary	Godding	

Steve	Goodman	Littledown Harriers
Simon	Goodwin	
David	Graham	
Ray	Graham	Run Happy Dorset
Richard	Grassly	Dorking & Mole Valley AC
Alan	Gray	Datchett Dashers
Michelle	Gray	
Jelena	Grbic	
Stephanie	Green	Poole Runners
Karl	Gregory	
Ian	Grenfell	
Joe	Grenham	
Clive	Grewcock	Westbourne RC
Carl	Grice	
Jonathan	Griffin	
Anthony	Groves	
Zoe	Groves	
Durand	Gunn	
John	Haines	Littledown Harriers
Dominic	Hales	
John	Hall	Poole AC
Nicola	Hall	Poole AC
Julia	Halla.	
Ian	Ham	
Sue	Ham	Poole AC
Steve	Harlowe	Reading Joggers
Josie	Harris	Bournemouth Joggers
Richard	Harris	Honiton Running club
Rebecca	Harrison	Poole Runners
Christine	Hart-Burke	Purbeck Runners
Richard	Harvey	Honiton Running club
Grace	Hawker	Hardly Runners
Colin	Hawkins	
Kirstin	Hay	Poole AC
Dale	Haynes	
Megan	Heafield	
Noreen	Henderson	New Forest Runners
Rhys	Henderson	
Gordon	Herrington	
Christopher	Heward	
Debbie S	Hewitt	Weymouth St Paul's Harriers
Paul	Hide	
Hayley	Higham	
Steven	Hill	
Uta	Hill	
Kerry	Hoar	Dacorum AC
Adam	Hodge	
Rebekah	Holbrook	
Taylor	Holding	Purbeck Runners
Louise	Holloway	
Ruth	Holloway	City of Salisbury A&RC
Charlotte	Holt	Dorchester RIOT

Felicity	Hooper	Westbourne running club
Janet	Hooper	Littledown Harriers
Laura	Horswill	Poole AC
Keith	Hosking	
Kelsey	Howard	
Helen	Howe	
Claudia	Howse	Poole Runners
Martin	Hudson	Littledown Harriers
Debbie	Hughes	
Kate	Hughes	BustinSkin Triathlon Club
David	Hunt	Dorking and Mole Valley Athletics Club
Jane	Hunt	Dorking and Mole Valley Athletics Club
Niki	Hunt	
Jacqui	Ives	Run Happy Dorset
Eugenia	Jackman	Elmbridge Road Runners
Patrick	Jackson	Poole AC
Adrian	Jacob	
Richard	James	
Stephen	James	Dorset doddlers
Woodhouse	James	
Angela	Jamieson	Dorset doddlers
Andy	Jarvis	Swindon Triathlon Club
Daniel	Jelley	
Laura	Jempson	lonely goat running club
Barry	Jenkins	Barry Jenkins
Alexander	Johnson	
David	Johnson	
Julie	Johnson	Dorchester RIOT
Steve	Johnson	Purbeck Runners
Tim	Johnson	
David	Johnston	
Teri	Joynt	
Derek	Kelly	Romsey Road Runners
Gerald	Kelly	
Michael	Kelly	
Thomas	Kelly	
James	Kemmitt	Christchurch Runners
Thomas	Kenyon	
Mark	Kimber	Poole AC
Isabella	Kwiatkowska	Midhurst Milers
Claire	Laidlaw	
Jane	Landymore	
Paul	Lane	
Georgia	Lang	
Bethany	Law	
Kelly	Lawson	Poole Runners
Paula	Lawton Archer	Purbeck Runners
Mark	Leake	
Ellie	Lee	Bournemouth Joggers
Gisela	Leon	
Sylvia	Leonard	Purbeck Runners
Ian	Leslie	Ealing Southall & Middx AC

Helen	Lewis	
Sarah	Littlewood	
Richard	Livermore	
William	Loates	Dorchester RIOT
Diane	Lonsdale	RIOT
Aimee	Looker	
Sandra	Looker	
Martin	Loveless	
Ian	Lowe	
Andy	Lucas	
Neil	Luckett	Westbourne RC
Steve	Luke	Egdon Heath Harriers
Chris	Luntley	
Femi	MacAulay	
David	Maggs	
Talia	Maggs-Rapport	
Allan	Maidment	
Petronella	Makepeace	Petronella MAKEPEACE
Ron	Margetts	
Andrea	Marshall	Lytchett Manor Striders
Chris	Marshall	
Jenny Lee	Marshall	Purbeck Runners
Thomas	Marshall	
Jenna	Martin	
Bradley	Masters	Westbourne RC
Val	Mather	
Dean	Matthew	
Jack	Matthews	Purbeck Runners
Lisa	Matthews	Purbeck Runners
Simon	Matthews	Purbeck Runners
Kay	Maynard	
Michael	McCabe	New Forest Runners
Suzanne	McGann	
Niamh	McHugh	
Lauren	McMillan	
Lynn	McMillan	
Stew	McMillan	Chippenham Harriers
Mat	Meech	Littledown Harriers
Trevor	Mehrer	Trevor Mehrer
Jon	Merritt	
Alex	Merry	
Olivia	Merry	Purbeck Runners
Nick	Middleton	
Michelle	Miles	
Barry	Miller	Poole AC
Christopher	Miller	Christopher Miller
Colin	Miller	
Stacey	Miller	
Mike	Mills	Totton RC
Rob	Mills	Poole Runners
Robert	Mills	StubbingtonGreen
Thomas	Mills	

Tina	Mills	Totton RC
Karen	Mitchell	Dorchester RIOT
Sarah	Mitchell	
Kim	Moorhouse	
Daniel	Moors	Lytchett Manor Striders
Michaela	Morgan	
Claire	Moring	
Chloe	Morley	Dorchester RIOT
Carolynn	Morris	
Virginie	Morris	Dorchester RIOT
Sian	Motyer	Totton RC
Hamish	Murray	Purbeck Runners
Ollie	Newman	
Janice	Newson	Honiton Running club
Mark	Newson	HRC
Geoff	Newton	Bournemouth AC
Stuart	Nicholas	Bournemouth Athletics Club
Marc	Nicol	
Annette	Noman	
Joy	Norman	Purbeck Runners
Michael Paul	O'Gorman	
Steven	Oldale	
Rosemarie	Osborn	New Forest Runners
Melanie	Ottway	Poole AC
Chris	Owens	
Mark	Packer	Littledown Harriers
Tim	Page	square and compass trail runners
Virginia	Palmeiro	Westbourne running club
Richard	Palmer-Smyth	Dorset Doodlers RC
Jean-Pierre	Panchaud	Poole AC
Celia	Parkyn	
Geoff	Parrott	Westbourne RC
Sam	Parsons	MRP
Josephine	Peasland	Littledown Harriers
Katherine	Penny	
Vesna	Perišić	
Anna	Philps	Purbeck Runners
Rene	Pilbeam	Totton Running Club
Ben	Pilley	Poole AC
Teresa	Pollard	Honiton Running club
Greg	Ponting	
Dawn	Powers	
Richard	Preston	
Martin	Price	
Dan	Prince	
Jonathan	Pritchard	
Katrin	Pritchard	New Forest Runners
Sharon	Pugh	Dorset sole sisters
Lucy	Raeburn	
Keiron	Ranking	
Frances	Rapport	
Andrew	Rawles	



Claire	Rawles	
Emma	Rawson	Littledown Harriers
Louisa	Rayner	hardley runners
Jimmy	Redford	Poole Runners
Ann	Reed	Purbeck Runners
Zoe	Reeves	New Forest Runners
Peter	Reilly	New Forest Runners
Andrew	Richards	Purbeck Runners
Lisa	Richards	Zero to Heros
Matthew	Richardson	
David	Ritchie	Poole AC
Matt	Robbins	Poole Runners
Kev	Roberts	Poole AC
Rachel	Robins	non
Jo	Robinson	New Forest Runners
Andy	Robson	
Kathryn	Robson	Poole AC
Anne Claude	Roche	Littledown Harrier
Christian	Rodiger	Littledown Harriers
Alfred	Rodway	Itchen Spitfires
Dawn	Rogers	New Forest Runners
Lucy	Rolfe	
Eleanor	Rollett	Dorchester RIOT
Lynne	Ruddick	Ripple Rebels
Dily	Ruffer	Littledown Harriers
Simon	Rule	Egdon Heath Harriers
Carmel	Ryan	Bournemouth Joggers
Mark	Sanderson	
Anne	Saunders	Dorchester RIOT
Claire	Scammell	Verwood runners
Steven	Scott	Poole AC
Martin	Seal	
Paul	Sedwell	Team Faff
Julie	Shanker	Romsey Road Runners
Alvina	Shepard	Dorset doddlers
David	Shepherd	
Charles	Shute	
Katherine	Sibthorp	
Christopher	Simmonds	Purbeck Runners
Rebecca	Sinkinson	Littledown Harriers
Matt	Skan	
Julia	Slade	Dorset doddlers
Elliot	Sloyan	
Gareth	Smith	St Neots Riverside Runners
Gary	Smith	
Graham	Smith	Dorchester RIOT
Harry	Smith	
Lisa	Smith	Totton Running Club
Matt	Smith	Fareham Running Club
Matthew	Smith	
Neil	Smith	Bournemouth AC
Olie	Smith	

Peter	Smith	
Richard	Smith	Littledown Harriers
Gosia	Sobczak	
Corinne	Spelman	Littledown Harriers
Beccy	Spicer	Purbeck Runners
Rob	Spindle	
Di	Spindley	
Natalie	Stacey	Romsey Road Runners
Alexandra	Stevens	Littledown Harriers
Mike	Stevens	Lonely goat
Donovan	Steward	
Richard	Stoate	
Paul	Stockley	Dorset doddlers
Maggie	Stokes	Westbourne RC
Robert	Stone	Poole AC
Mark	Storey	Cranbrook running club
Sandi	Stott	
Andy	Street	Poole AC
Louise	Summerfield	
Michael	Sunderland	
Kelly	Sutherland	
Ian	Swain	New Forest Runners
Julie	Swainston	hardley runners
Sarah	Swift	Poole Runners
Jonathon	Switzer	hardley runners
Laurence	Tamplin	
Carl	Taylor	Lonely Goat RC
Jane	Taylor	Egdon Heath Harriers
Angie	Teasdale	
Roger	Teasdale	Dorset doddlers
Thomas	Tedds	
Mike	Terry	Littledown Harriers
Ian	Tharp	
Nick	Thorpe	Midhurst Milers
Sandra	Thorpe	Midhurst Milers
Einar	Thorsen	
Lucy	Tidbury	Poole Runners
Jackie	Tomlin	Dorset sole sisters
Dan	Tong	
Paul	Trayler	
Anna	Trehane	
Steve	Trend	Purbeck Runners
Tom	Trevorrow	Purbeck Runners
Paul	Turle	Littledown Harriers
Florence	Turner	
Ian	Underwood	
Neal	Unitt-Jones	
Kate	Van Someren	New Forest Runners
Michelle	Vezie-Taylor	Striders of Croydon
Judith	Vlaarkamp	Lytchett Manor Striders
Jen	Walker	
Nichola	Walker	

Louise	Walker-Weston	
John	Wallace	Eastleigh RC
Michelle	Walter	New Forest Runners
Gail	Walters	New Forest Runners
Gemma	Walters	
Jane	Ward	Dorset doddlers
Simon	Ward	
Tracey	Waters	
Val	Waters	Poole AC
Jill	Watson	Dorset doddlers
Mark	Watson	Purbeck Runners
Fran	Weeks	
Lynn	Wenborn	Zoom Tri Club
Victoria	West	Dorset doddlers
Pippa	Westall	Honiton Running club
Sarah	Wheeler	Dorset doddlers
Jenny	White	Purbeck Runners
Stuart	Whitford	
Jan	Whittaker	Christchurch Runners
Emily	Widdowson	
James	Widdowson	Poole AC
Darren	Williams	
Deborah	Williams	
Nathan	Williams	Lonely Goat RC
Samantha	Williams	Lonely Goat RC
Stephen	Williams	Littledown Harriers
John	Willis	Dorset doddlers
David	Wilson	Littledown Harriers
Zoe	Woodberry	Purbeck Runners
Caroline	Woodford	New Forest Runners
Roger	Woodgate	
Jayne	Woodhouse	Reading Joggers
Richard	Woodling	New Forest Runners
Paul	Woods	Christchurch Runners
Gary	Worsley	Littledown Harriers
Emma	Wreford-Bush	
Emma	Wright	Purbeck Runners
Paula	Wright	LMS
Tim	Yeandle	eastleigh running club
Robert	Young	
Alessandro	Zanconato	Purbeck Runners